



www.DrFrith.com

St. Louis' Leader in Accredited Cosmetic Dentistry

636-394-5200

For Immediate Release

Contact: Jeff Winter 314-761-5764

Dr. Michael Frith, St. Louis' First Accredited Cosmetic Dentist and Leading Dental Medicine Expert Now Published Author with *Healthy Input*

ST. LOUIS, MO (Jan. 21, 2013)— Dr. Michael Frith, DDS, has joined a select group of America's leading dental experts to co-author the book, *Healthy Input: America's Leading Dentists Reveal the Secret Truths to a Healthy Body, Starting with What You Put in Your Mouth!*

Healthy Input features important information and practical advice from top dental practitioners from across the globe on a variety of dental medicine topics including trusting your dental professional, the mercury controversy in dental filling treatment and the myriad of full-spectrum body and health issues affected by oral health. Specifically, Dr. Frith authors a chapter entitled, "Healthy Gums, Healthy Body: the Power of Laser Treatments".

Dr. Frith discusses surprising facts about how gum disease can have a triggering effect on other health issues including heart disease, diabetes and cancer. "Now, more than ever, we understand that what happens in one part of our body can have a profound effect on the rest of our health. Also, we understand how our bodies are a very connected system – and *all* parts need to be functioning at their best for us to function at our best" said Dr. Frith. The laser treatments he discusses are part of the "new technology" of dental medicine, creating a safer, more comfortable and more effective treatment experience for the patient through technological advances and continuous educational training of dental medical professionals.

On the day of release, "Healthy Input" reached best-seller status in 9 Amazon.com categories in the United States and Canada - The book reached best-seller status in the Dental Hygiene (US), Dentistry (US), Dental Hygiene, Dentistry, Healthy Living, Personal Health, Medicine, Science, and Health, Mind and Body categories.

Dr. Frith has been extremely involved in dental education and received his Accreditation award in the American Academy of Cosmetic Dentistry and Fellowship award in the Academy of General Dentistry. He currently holds membership in important dental organizations such as the American Dental Association, Missouri Dental Association, Greater St. Louis Dental Society, International Association of Orthodontics, Academy of General Dentistry, American Academy of Cosmetic Dentistry, American Academy of Dental Sleep Medicine and the American Academy of Craniofacial Pain. He is also the Director of the TMJ and Sleep Therapy Centre of St. Louis and has served as the President of the West County District of the Greater St. Louis Dental Society.

###

About Dr. Michael Frith and Masterpiece Smiles: Dr. Michael Frith is St. Louis' first accredited cosmetic dentist by the American Academy of Cosmetic Dentistry, a distinction awarded to less than 1% of cosmetic dentists nationwide. His practice, *Masterpiece Smiles*, is the premiere provider of cosmetic dentistry in the St. Louis area, providing a custom look to patients that is not only attractive but natural looking. Dr. Frith is a published author and clinical instructor. To learn more, please visit www.drfrith.com